

EMPOWERED
DIGITAL MARKETING



# January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1 New Year's Day	Motivation and Inspiration Day	3	<b>4</b> World Braille Day	<b>5</b> Bird Day	6
<b>7</b> Golden Globe Awards	8 Clean Your Desk Day	9	Cut Your Energy Costs Day / Take the Stairs Day	Human Trafficking Awareness Day	12	13
14	Martin Luther King Jr. Day / Civil Rights Day	16	17	Winnie the Pooh Day	19 Popcorn Day	20 Cheese Lover's Day
<b>21</b> Hugging Day	22	23 National Pie Day	International Education Day / National Compliment Day	25 Opposite Day	26	27
Data Privacy Day / Lego Day	<b>29</b> Puzzle Day	30	31 Hot Chocolate Day			

# February 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	<b>2</b> Groundhog Day	3
World Cancer Day / Grammy Awards	5	6	<b>7</b> Girls and Women in Sports Day	8	<b>9</b> Pizza Day	10 Chinese New Year
<b>11</b> Super Bowl Sunday	12	Galentine's Day / Mardi Gras / Internet Friends Day	<b>14</b> Valentine's Day	15	Girl Scout Cookie Weekend	Random Acts of Kindness Day
<b>18</b> Drink Wine Day	19 Presidents' Day	World Day of Social Justice / Leadership Day	<b>21</b> Language Day	Margarita Day / Walk Your Dog Day	International Stand Up to Bullying Day / World Peace and Understanding Day	24
25	26	27 Pokemon Day	28 Rare Disease Day	<b>29</b> Digital Learning Day		

#### SEASONAL CONTENT IDEAS & NOTES

• February is Black History Month

#### March 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> Zero Discrimination Day & Employee Appreciation Day	<b>2</b> Read Across America Day
3 World Wildlife Day	<b>4</b> Grammar Day	5	Discover What Your Name Means Day	7	International Women's Day	9
Daylight Savings / Academy Awards / Ramadan Begins	<b>11</b> Napping Day	Equal Pay Day / Working Mom's Day	No Smoking Day	Pi Day / World Essential Workers Day	Consumer Rights Day	16
St. Patrick's Day	18	First Day of Spring / International Client's Day	International Day of Happiness	World Down Syndrome Day / Companies That Care Day	<b>22</b> Puppy Day	23
24	<b>25</b> Holi	26	<b>27</b> World Theatre Day	28	29	30 Doctors' Day 31 Easter Sunday

- March is Women's History Month
- March 31st is also International Transgender Day of Visibility

# April 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> April Fools' Day	Autism Awareness Day	<b>3</b> Walking Day	<b>4</b> Burrito Day	Deep Dish Pizza Day / Self Care Day	6
<b>7</b> World Health Day / National Beer Day	8	9	Siblings Day / International Day of Pink	<b>11</b> Pet Day	12 Grilled Cheese Day	13
<b>14</b> Gardening Day	Tax Day / World Art Day / ASL Day	16	17	High Five Day / Exercise Day	<b>19</b> Bicycle Day	Volunteer Recognition Day
World Creativity and Innovation Day	Earth Day / Passover Begins	World Book and Copyright Day	24	Take Your Child to Work Day	Lesbian Visibility Day / Arbor Day	27
<b>28</b> World Day for Safety and Health at Work	29 International Dance Day	Animal Advocacy Day				

- April is Asian American Pacific Islander Month
- The first week of April is National Public Health Week

## May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b> May Day	2	3	International Firefighters Day / Star Wars Day
Cinco De Mayo / World Laughter Day	6 Nurses Day	<b>7</b> Teachers' Day	8	9	10	<b>11</b> Dog Mom Day
Mother's Day	13	14	Bring Flowers To Someone Day	Drawing Day / Global Accessibility Awareness Day	Bike to Work Day / Endangered Species Day	Armed Forces Day / International Museum Day
19 World Baking Day	World Bee Day / Rescue Dog Day	World Meditation Day/Eat More Fruits and Vegetables Day	22	23 World Turtle Day	<b>24</b> Brother's Day	<b>25</b> Wine Day
26	<b>27</b> Memorial Day	<b>28</b> World Hunger Day	<b>29</b> Biscuits Day	30 International Hug Your Cat Day	<b>31</b> World No Tobacco Day	

- May is Small Business Month
- May 13-19 is Bike to Work Week
- May 13-19 is National Volunteering Week
- May 27-31 is Water Saving Week

# June 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			•			<b>1</b> Global Day of Parents
2	3 National Egg Day	4 Cheese Day / Hug Your Cat Day	Global Running Day / World Environment Day	6	Chocolate Ice Cream Day / National Donut Day	8  Best Friends Day / World Oceans Day
9 National Kids Day	10	11	12	13	Flag Day / World Blood Donor Day	15
<b>16</b> Father's Day	<b>17</b> Mascot Day	18 International Picnic Day	<b>19</b> Juneteenth	Summer Solstice / World Refugee Day	21 International Yoga Day / World Music Day	22
23	24	25	Day Against Drug Abuse	27 Handshake Day / Ice Cream Cake Day	28	30 Social Media Day

- June is Pride Month
- June 1-7 is Volunteers Week
- June 17-23 is Animal Rights Awareness Week
- June 17-23 is Learning Disability Week

# July 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	Canada Day / International Joke Day	World UFO Day / Made In The USA Day	International Plastic Bag Free Day	Independence Day (4th of July)	5	International Kissing Day
<b>7</b> World Chocolate Day	8 Video Game Day	9 Sugar Cookie Day	<b>10</b> Piña Colada Day	International Essential Oils Day	<b>12</b> Simplicity Day	13
Mac and Cheese Day / Be Nice to Bugs Day	<b>15</b> World Youth Skills Day	Morld Snake Day / Artificial Intelligence Appreciation Day	<b>17</b> World Emoji Day	18	19	<b>20</b> Moon Day
Ice Cream Day / Junk Food Day	22	23	<b>24</b> Cousins Day	Intern Day / Wine and Cheese Day	26 Aunt and Uncle Day	27
<b>28</b> Parents' Day	<b>29</b> Lasagna Day	International Day of Friendship	<b>31</b> Avocado Day / Harry Potter's Birthday			

### SEASONAL CONTENT IDEAS & NOTES

 July 21-28 is Shark Week

# August 2024

SAT	FRI	THU	WED	TUE	MON	SUN
3	2 International Beer Day	<b>1</b> Girlfriend Day				
<b>10</b> Lazy Day	Book Lovers Day / Co Working Day / Women's Day	8 International Cat Day	<b>7</b> Purple Heart Day	6	5	Sister's Day / Friendship Day
<b>17</b> Nonprofit Day	Tell a Joke Day / Work From Home for Wellness Day	Relaxation Day	<b>14</b> World Lizard Day	International Left- Handers Day	World Elephant Day	Son and Daughter Day
24	23	Tooth Fairy Day / Burger Day	World Senior Citizen's Day	<b>20</b> Radio Day	Aviation Day / World Photography Day	18
31 Eat Outside Day / Overdose Awareness Day	<b>30</b> Beach Day	29 Sports Day	28	27	Dog Day / Women's Equality Day	25

- August is Black Business Month
- August is National Language Month

### September 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	<b>2</b> Labor Day	3	<b>4</b> Wildlife Day	5 International Day of Charity	6 Read a Book Day	<b>7</b> Beer Lover's Day
8 Grandparents' Day	9	Suicide Prevention Day	<b>11</b> Patriot Day	12	13	14 Live Creative Day
First Day of Hispanic Heritage Month	<b>16</b> Working Parents Day	17	18 International Equal Pay Day / Cheeseburger Day	19	<b>20</b> NFT Day	International Day of Peace / Oktoberfest Starts
22 Start of Fall	International Day of Sign Languages	24	<b>25</b> Daughters Day	HR Professionals Day / Pancake Day	<b>27</b> World Tourism Day	28 Self Awareness Day / Sons Day
Coffee Day / World Heart Day	International Podcast Day					

- Hispanic Heritage
   Month is September 15
   to October 15
- September is National Service Dog Month
- September is Responsible Dog Ownership Month
- September is Suicide Prevention Month
- September 8-14 is Suicide Prevention Week

#### October 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 International Coffee Day / World Vegetarian Day	International Day of Non-Violence / Rosh Hashanah	Mean Girls Day / Boyfriend Day	<b>4</b> Taco Day / World Animal Day / World Smile Day	<b>5</b> World Teachers' Day
Coaches Day / Zero Inbox Day	7 International Day of Peaceful Communication	8 Pierogi Day	9	<b>10</b> World Mental Health Day	Coming Out Day / Yom Kippur Begins	12
Breast Cancer Awareness Day	Indigenous Peoples' Day / Dessert Day	<b>15</b> World Students' Day	World Food Day / Boss Day	17 Pasta Day	18	19
20	21	22	23	<b>24</b> Food Day	25	<b>26</b> Pumpkin Day
27 Black Cat Day	28 Immigrants Day	<b>29</b> Cat Day	30 Candy Corn Day	31 Halloween / Start of Diwali		

- Hispanic Heritage
   Month is September 15
   to October 15
- October is Breast Cancer Awareness Month
- October is Emotional Wellness Month
- October is LGBTQ+ History Month
- October is National Book Month
- October is Adopt-A-Shelter-Dog Month
- October 1-7 is National Walk Your Dog Week
- October 3-9 is Animal Welfare Week

#### November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					Start of Día De Los Muertos / Authors' Day / World Vegan Day / Diwali	2
Sandwich Day / Daylight Savings Time Ends	<b>4</b> Candy Day	<b>5</b> Election Day	6	7	8 Cappuccino Day	<b>9</b> Go to an Art Museum Day
World Science Day for Peace and Development	Veterans Day / Education Day	<b>12</b> Happy Hour Day	13 World Kindness Day	Pickle Day / World Diabetes Day	America Recycles Day	16 Fast Food Day
17	18 Mickey Mouse Day	International Men's Day / Entrepreneur's Day	Transgender Day of Remembrance	<b>21</b> World Television Day	22	23 Espresso Day
24	25	26	27	<b>28</b> Thanksgiving Day / National Day of Mourning	<b>29</b> Black Friday	30 Small Business Saturday

- November 12-20 is Get Outdoors Week
- November 18-22 is National Education Week
- November 18-26 is National Hunger and Homelessness Awareness Week
- November 20-26 is National Game & Puzzle Week
- November 25-29 is National Book Week

#### December 2024

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> World AIDS Day	<b>2</b> Cyber Monday	<b>3</b> Giving Tuesday	Cookie Day / World Wildlife Conservation Day	5 International Volunteer Day	6	<b>7</b> Pearl Harbor Remembrance
8	9	<b>10</b> Human Rights Day	11	12	13	14
<b>15</b> Bill of Rights Day	National Chocolate Covered Anything Day	<b>17</b> Maple Syrup Day	Answer The Telephone Like Buddy The Elf Day	19	<b>20</b> Sangria Day	<b>21</b> Start of Winter
Short Person Day / Cookie Exchange Day	23	<b>24</b> Christmas Eve	25 Christmas Day / Start of Hanukkah	<b>26</b> Kwanzaa / Boxing Day	27	28
29	30	<b>31</b> New Year's Eve				

- December is the Month of Giving
- December is National Volunteer Month



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